

# **Trends in the method and gestational age of abortion in high income countries**

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## **ABSTRACT**

*Background:* Examining the distribution of abortions by method of abortion and gestational age at time of termination provides insight about the options women may have to terminate their pregnancies. Comparing these distributions across countries and over time is an important step toward understanding the factors that can drive these distributions, including regulations and practices related to the provision of abortion services, and women's preferences and needs.

*Methods:* We sought official statistics on gestational age and method of abortion for all high income countries with liberal abortion laws. For the 24 high income countries with available data, we calculated percent distributions of abortions by gestational age of pregnancy and method of abortion for 2017 or the most recent year for which data were available, and assessed trends in the preceding ten years whenever possible.

*Results:* Medication abortion accounts for at least half of all abortions in the majority of countries. In the majority of countries over 90% of all abortions were completed before 13 weeks, and more than two thirds of abortions occurred before the first nine weeks of gestation. Over the past ten years there has been an increase in both the proportion of abortions that were medication abortions and the proportion that were obtained before nine weeks gestation.

*Conclusions:* These findings highlight changes in abortion provision in the past decade. More research is needed to understand whether the observed distributions are a function of women's preferences or of barriers to the timing and type of care they would prefer.

## **KEY MESSAGES**

- In the majority of countries, medication abortion accounts for at least half of all abortions, and this has increased over the past 10 years.

- In the majority of countries, at least 90% of abortions occur under 12 weeks, and the proportion of abortions obtained earlier than nine weeks has increased in most countries.
- Findings suggest improvements in access to timely care and a choice of methods in some countries, although research is needed to understand if the observed distributions are a function of women's preferences or of barriers to care.

## **INTRODUCTION**

Abortion is a common event in women's lives: in 2010-2014, an estimated 56 million abortions occurred, and nearly eight million occurred in high-income countries.[1] High income countries with liberal abortion laws often have accessible and reliable abortion data, resulting in a unique opportunity to compare abortion service provision across countries. Data on the method and gestational age of abortion can provide insight on abortion provision within a country, including the options women have to terminate their pregnancies. Trend data on these characteristics can show whether abortion care within a country has changed over time.

This review provides the first cross-national comparison of the method and gestational age of abortion in high income countries, and of trends in these characteristics over time. Comparing how and when pregnancies are terminated across countries and over time is an important first step toward understanding the factors influencing the findings. These factors might include service regulations, provider practices and preferences, and women's preferences. Such a review can also be used to identify departures from typical patterns, and explore their causes. Ultimately these data are of use to policy makers, program planners, and service providers to ensure women have access to safe, high quality, and timely abortion care.

## **METHODS**

Official statistics on the number of legal abortions by gestational age and method of abortion were sought for the 40 high income countries with liberal abortion laws, using information on countries' abortion laws compiled by the Guttmacher Institute.[2] We identified high income countries using the World Bank country classifications by income level, for the year 2017. [3] In conjunction with data collection on

abortion incidence, we collected data from 2012-2018. We collected data for the most recent year available after 2010, and, when possible, we also collected data for the ten years prior. Countries were categorized as having liberal abortion laws if abortion was legal without restriction or was legal on socioeconomic grounds, either with or without gestational limits. We also include New Zealand and Israel, where abortion is allowed to preserve a woman's mental health, because this ground is interpreted relatively liberally in these two countries. [2] Among the 24 high income countries for which data were available, abortion was available on request in 18 countries, on socio-economic grounds in four, and for the mental health of the woman in two (Table 1). [4]

**Table 1. Legal status, legal indications and datasource of abortion in high income countries with abortion data, 2017**

Country	Gestational-age limit	Legal Status Type Code, 2017*	Waiting Period	Country recognized approval			Conscientious Objection	Data Source
				<i>misopro stol</i>	<i>mifeprist one</i>	<i>Year of mifeprist one registrati on</i>		
Belgium	Through 14th week	On request	6 days, after counseling	Yes	Yes	1999	Allowed	Official statistics
Canada	Law does not indicate gestational-age limit	On request	No waiting period	Yes	Yes	2015	Varies by province	Official statistics
Czech Republic	Through 12th week	On request	No waiting period	Yes	Yes	2013	Allowed unless life and health of mother is at risk, otherwise referral required	Official statistics
Denmark	Through 12th week	On request	No waiting period	Yes	Yes	1999	Allowed	Official statistics
Estonia	Through 12th week	On request	No waiting period	Yes	Yes	2003	Allowed	Official statistics**
Finland	Through 12th week	Socio-economic grounds	No waiting period	Yes	Yes	1999	No explicit reference in law	Official statistics
France	Through 14th week	On request	7 days unless this takes the pregnancy beyond 12 weeks	Yes	Yes	1988	Allowed but referral required	Official statistics
Germany	Through 14th week	On request	3 days, after counseling	Yes	Yes	1999	Allowed unless life and health of mother is at risk	Official statistics
Great Britain	Through 12th week	Socio-economic grounds	No waiting period	Yes	Yes	1991	Allowed unless life, and physical or mental health of mother is at risk	Official statistics
Iceland	Through 12th week	Socio-economic grounds	No waiting period	Yes	Yes	1999	No explicit reference in law	Official statistics
Israel	Through 12th week	Mental health	No waiting period	Yes	Yes	1999	Allowed	Official statistics
Italy	Through 90 days/three months	On request	7 days after first visit	Yes	Yes	2009	Allowed	Official statistics
Japan	Through 12th week	Socio-economic grounds	No waiting period	Yes	No	n/a	No explicit reference in law	Official statistics**
Netherlands	No gestational-age limit for previability abortion	On request	5 days after first visit	Yes	Yes	1999	Allowed	Official statistics
New Zealand	Through 12th week	Mental health	No waiting period	Yes	Yes	2001	Allowed and referral not required	Official statistics
Norway	Through 12th week	On request	No waiting period	Yes	Yes	2000	Allowed	Official statistics
Portugal	Through 10th week	On request	3 days	Yes	Yes	2007	Allowed but referral required	Official statistics
Singapore	Through 24th week	On request	48 hours, after counseling unless termination is immediately necessary	Yes	Yes	TBD	Allowed unless life and health of mother is at risk	Official statistics
Slovakia	Through 12th week	On request	48 hours after mandated information given	No	No	n/a	Allowed unless life and health of mother is at risk	Official statistics**
Slovenia	Through 12th week	On request	No waiting period	Yes	Yes	2013	Allowed unless life and health of mother is at risk	Official statistics**
Spain	Through 14th week	On request	3 days after counseling	Yes	Yes	1999	Allowed	Official statistics
Sweden	Through 18th week	On request	No waiting period	Yes	Yes	1992	No explicit reference in law	Official statistics
Switzerland	Through 12th week	On request	No waiting period	Yes	Yes	1999	No explicit reference in law	Official statistics

United States of America	No gestational-age limit for previability abortion	On request	varies by jurisdiction	Yes	Yes	2000	Varies by state	Survey
<p>* Categories include On Request/Without Restriction to Reason; Socioeconomic Grounds (also to save the woman's life and physical/mental health); To Preserve Mental Health; To Preserve Health; To Save the Woman's Life; Prohibited Altogether</p> <p>**Official statistics obtained by questionnaire administered to country representatives</p> <p>Source: Center for Reproductive Rights for legal status type code and gestational age-limit; Global Abortion Policies Database for waiting period, conscientious objection, and recognition of mifepristone and misoprostol; Gynuity for year of mifepristone registration</p>								

To collect official abortion statistics, we searched the websites of statistical offices or relevant agencies for the most recent official abortion data available (Supporting Table 1). When the search resulted in reports with data from previous years the data for up to ten years prior were collated. When data were not available online, we contacted agencies directly and asked officials to complete a standardized questionnaire that gathered information from official records on the incidence of legally induced abortions and characteristics of abortions including gestational age and method. This questionnaire was distributed for a study on abortion incidence that began in 2014 and the questionnaires requested data on abortions up to 2017. For the United States, we utilized results from the Guttmacher Institute Abortion Patient Survey [5], as abortion statistics from the Center for Disease Control do not contain data for all states. [6]

As the legal status and legal indications of abortion can influence the method and gestational age of abortion, we collected information on the legal status, gestational age limits and exceptions, mandatory waiting periods, and conscientious objection clauses in a country (Table 1 and Supporting Table 2). For legal status and gestational age limit, we collected information from the Center for Reproductive Rights [7], and for exceptions to the gestational age limit, waiting periods and conscientious objection clauses, from the Global Abortion Policies Database [8]. We also collected information from the Global Abortion Policies Database on whether misoprostol and/or mifepristone are recognized in a country, which was supplemented with information from Gynuity on the year mifepristone was registered. [9]

We categorized method of abortion into three types: surgical, medication and other. It was not possible to further refine these categories due to differences in abortion reporting, method availability, and terminology between countries. For this paper, medication abortion refers to primarily the regimen of mifepristone and misoprostol, although if a country reported abortions obtained through misoprostol alone, they were also included in the total of medication abortions. In addition, the Netherlands and Canada report a category of surgical abortion plus medication abortion, and these abortions were classified as surgical abortions. The definition of other abortion varies by country and not all countries explicitly state what falls under this category, but it can include methods such as hysterotomy.

We collated gestational age data as follows: fewer than 9 weeks (up to 8 weeks and 6 days), 9 – 12 weeks, and 13 or more weeks. These categories reflect the most common classification of gestational age in country reports. Countries that use different classification categories, are indicated in the footnotes of Figure 3.

Of the 40 high income countries with liberal laws in the world as of 2017<sup>2</sup>, data were available on the method of abortion in 16 countries and on the gestational ages at which abortions were performed in 21 countries. In 10 countries, the data on abortions is from 2017; in the remaining countries, the most recent year for which data were available ranged from 2011 to 2016. The year of data available for each country can be found in Supporting Table 3. Trend data were not available for all countries, and we present trends on the method of abortion for 11 countries, and the gestational age for 13 countries. The difference between data availability for gestational age and method is attributed to variations in what characteristics countries collect and report in their official abortions statistics. In Great Britain, Scotland reports its abortion statistics separately from England and Wales, and the categories used for gestational age and method differ slightly. Therefore the data for these geographic areas are presented separately in this analysis, but are counted as one country in the above tabulations. In addition, we refer to Great Britain rather than the United Kingdom due to the different abortion law in Northern Ireland.

We calculated percent distributions in order to facilitate comparison between countries. In addition, due to concerns with abortion underreporting, percent distributions have the advantage of being more reliable if abortion reporting is incomplete, as long as the level of underreporting doesn't vary by gestational age or method of abortion. We assessed the completeness of data for each country from the data collection methodologies in the country reports or published literature. Statistics that were assessed as capturing at least 90% of all legal abortions within the country were classified as complete and footnotes indicate whether a country's data are incomplete.

When calculating the percent distribution of abortions, abortions for which the gestational age or method of abortion were not specified were not included in the numerator or denominator unless non-specified abortions accounted for more than 10% of all abortions reported. That is, when non-specified

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<sup>2</sup> As defined by the World Bank, and for countries with populations greater than one million



abortions accounted for fewer than 10% of all abortions, we assumed the non-specified abortions had the same distribution according to gestational age and method. The only exception is for Canada, where 18.3% of all abortions were unspecified. In addition, country statistics only report gestational age and method data for abortions performed in hospitals, which, according to country statistics, account for only about a third of all abortions in Canada. Despite this limitation, the data from Canada is included as it provides at least some insight into abortion provision in the country.

No ethical approval was required for this study as the data do not constitute human subjects research.

## **RESULTS**

### **Method of abortion**

In the majority of countries, medication abortion accounts for at least half of all abortions, with the highest proportions found in the Nordic countries of Finland (97%), Sweden (93%) and Norway (88%) (Figure 1). In almost all Northern Europe countries, medication abortion accounts for at least two thirds of all abortions. In Western Europe, France and Switzerland have the highest proportion of medication abortions at 68% and 75%.

In five countries, of which three are in Western Europe, surgical abortion accounts for over three quarters of the abortion services. Southern Europe has the greatest sub regional variation in abortion method, with surgical abortion accounting for 81% of abortions in Italy, compared to medication abortions accounting for 71% of all abortions in Portugal.

Over the past ten years, all countries have seen an increase in the proportion of abortions that were medication abortions (Figure 2). In Denmark, Estonia, England & Wales, France, and Iceland medication abortion is now the more common method of abortion. The change in Iceland is especially noteworthy as medication abortion only became available in Iceland in 2006. The proportion of abortions that were medication abortions has also increased in Belgium, Italy and Germany, although medication abortion still accounts for a small proportion of all abortions in these countries.

### **Gestational age**

In 2017, or the most recent year of available data, for almost all countries, over two thirds of abortions occurred at fewer than nine weeks of gestation (Figure 3). The percent of abortions occurring at fewer than nine weeks gestation ranged from 39% in Canada<sup>3</sup> to 84% in Sweden. New Zealand, Canada, and Italy are the only countries where fewer than half of all abortions occurred at fewer than nine weeks of gestation; however in all countries most abortions occurred by 10 or 11 weeks gestation. In the majority of countries over 90% of abortions happen before 13 weeks. In ten countries, 95% of abortions occurred before 13 weeks, with the highest proportion of abortions completed before 13 weeks in Germany (97%). The proportion of abortions at 13 weeks and above was highest in the Netherlands, where 18% of abortions occurred after 13 weeks.

Over the past ten years there has generally been an increase in the proportion of abortions that were obtained at earlier than nine weeks gestation (Supporting Figure 1). There is a considerable range among countries: from an increase of two percentage points in Finland, to 25 percentage points in Germany. Although New Zealand currently has the lowest proportion of abortions that occur at fewer than nine weeks gestation, this value has increased by 20 percentage points in the last ten years. The Netherlands experienced small declines in the proportion of abortions that were obtained at earlier than nine weeks gestation.

In Norway, Sweden, and England and Wales, information about method of abortion by gestational age was available (Supporting Table 4). In all three of these countries, medication abortions account for at least 83% of abortions performed at fewer than nine weeks gestation. This is also seen in Scotland, where medication abortions account for 90% of all abortions at fewer than nine weeks gestation (data not shown). In Sweden, mifepristone is given at the hospital/clinic and then women have the option to either take the misoprostol in the hospital/clinic or at home. [10] In Sweden 64% of all abortions were medication abortions where misoprostol was taken at home, which accounted for 75% of all abortions performed at earlier than nine weeks gestation (data not shown). Between nine to 12 weeks gestation, only England & Wales reported a higher proportion of surgical abortions versus medication abortions.

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<sup>3</sup> Abortion data in Canada is for hospitals only, which, according to country statistics, account for only about a third of all abortions in Canada.

Medication abortion continued to be the more utilized method in both Norway (68%) and Sweden (78%) for abortions performed between nine to 12 weeks gestation.

Data were available on the percent distribution of the abortions by gestational age of the pregnancy and age group of the women for Norway, Finland, Sweden, and England and Wales (Supporting Figure 2) for 2017. In all of these countries, over 72% of all abortions occurred at fewer than nine weeks gestation for all six age groups. However women under 20 consistently have a lower proportion of abortions at fewer than nine weeks, and a higher proportion at 9 – 12 weeks compared to older age groups. Generally all age groups experienced abortions at 13 weeks and above at very similar proportions, except in Finland where women aged over 40 had a slightly higher proportion of abortions at 13-18 weeks.

## **DISCUSSION**

The provision of abortion services has changed in the past decade. Medication abortion accounts for at least half of all abortions in the majority of countries. Also in the majority of countries, over 90% of all abortions were completed before 13 weeks, and more than two thirds of abortions occurred before the first nine weeks of gestation. Over the past ten years there has been an increase in both the proportion of abortions that were medication abortions, and the proportion that were obtained before nine weeks gestation.

Over the past ten years, the dramatic increase in the proportion of abortions that are medication abortions is likely reflective of factors related to both supply of and demand for the procedure. There is substantial variation across countries with respect to the year in which misoprostol and mifepristone was first approved for pregnancy termination, but the length of time that the method has been available is not necessarily correlated with the prevalence of the method. France was the first country, other than China, to license the use of misoprostol and mifepristone for early abortion in 1988 [11], and since then countries have approved this combination regimen at different points, with Canada being the most recent among this group of countries to legalize the combination of misoprostol and mifepristone in 2015. Japan and Slovakia are the only countries in this review where combination mifepristone and misoprostol have not been approved for abortion services, although misoprostol alone is recognized as a method. [8]

The proportion of abortions that were medication abortions may also depend in part on the level of government and public sector support for this method, and on the adequate training of providers. Although France was one of the first countries to approve the use of misoprostol and mifepristone, in the 1990s medication abortion was very highly regulated, and only in 2001 was a law introduced to allow the provision of medication abortion outside of hospitals [11], and medication abortion has been available outside of hospitals since 2005. [12] Portugal, in contrast, has a higher proportion of medication abortions; almost three quarters of abortions occur in public hospitals, and 98% of abortions performed in hospitals are medication abortions. This may partially be due to the fact that abortion is only legal in Portugal up to 10 weeks. Overall in Western Europe there continues to be a high proportion of surgical abortions. However in Belgium, the latest available data are from 2011 so it not possible to discern if this proportion has changed recently.

Mandatory waiting periods can also influence the proportion of abortions that are medication abortions. Ten of the 24 countries in this review require waiting periods after a woman's first appointment (Table 1). These waiting periods range from 48 hours in Scotland and Singapore, to seven days in France and Italy. [8] Longer waiting periods can reduce women's choice of abortion method because it increases the gestational age at which the abortion is performed. For example, in France, medication abortion can only be performed up to 49 days gestation, yet the mandatory seven day waiting period may impact whether a women is eligible for a medication abortion at the time of her procedure. [11]

The proportion of abortions that occur at earlier than nine weeks gestation increased in the majority of countries in this review. The increase in abortions at earlier than nine weeks is likely closely related to the increased availability of medication abortion, since when medication abortion was first approved, the recommended protocol is for a medication abortion to occur under 63 days or nine weeks gestation. [13] This trend might also be due to the rise in technologies for earlier detection of pregnancy, and the widespread availability of pregnancy tests that provide accurate results at early gestations.[13] There is a strong connection between these two factors, which when coupled with increased access to abortion services, may result in an increase in the proportion of abortions occurring at earlier than nine weeks gestation.

The proportion of abortions done after nine weeks remained high in a few countries. In Canada, the available data suggest that a large share of abortions are obtained after 13 weeks, but data are only available for abortions performed in hospitals, where abortions after 13 weeks are likely over-represented. In addition, 18.6% of the reported abortions in Canada are unspecified, which could bias these findings if the unspecified abortions are not evenly distributed across gestational age.

A country's gestational age limits for legal abortion can affect the distribution of gestational age of abortion within a country, and in neighboring countries, if women have to travel to seek an abortion after 13 weeks. For example, there is no gestational age limit for legal abortion in the Netherlands, and the large proportion of abortions done after 13 weeks in the Netherlands are partly due to abortions obtained by non-residents. In 2015, non-residents accounted for 12.6% of women obtaining abortions in the Netherlands.[14] Other evidence found that in 2006 72% of abortions at 13 weeks and above in the Netherlands were to women of non-Dutch residence and origin [15]. Therefore, regardless of how rare abortion at 13 weeks and above is in a given country, the Dutch experience suggests that the demand for abortions at greater than 13 weeks exists to some extent in all countries. Safe and legal abortions at 13 weeks and above should be available to all women who need them.

Conscientious objection clauses exist for most countries in this review (Table 1). With adequate and timely referrals and a sufficient number of providers, conscientious objection can potentially exist without being a barrier to care [16]. However examples in Europe indicate that it can delay or prevent women from accessing abortion care [17], and potentially cause women to seek abortions after 13 weeks gestation. Data on the impact of conscientious objection is limited, but, in Italy, a country with a lower proportion of abortions at fewer than nine weeks gestation, the prevalence of conscientious objection has led to a shortage of abortion providers in Italy. It is estimated that 82 – 91% of providers in Rome and the surrounding areas are conscientious objectors, and abortion services are only provided in 60% of Italian hospitals [18]. The prevalence of conscientious objection likely delays women's access to services, and as indicated in a statement by the Council of Europe in 2016, causes Italian women to travel abroad, or “resort to ending their pregnancy without the support of competent health authorities.”[19]

This paper, the first review of gestational age and method of abortion across high income countries, has several limitations. While the completeness of data were assessed for each country from official reports, the findings may be influenced if abortion statistics are underreported or incomplete. If countries have incomplete data, these findings rely on the assumption that the level of underreporting of abortion does not vary by gestational age or method of abortion, however this information is not available. Anecdotal evidence suggests that medication abortion is more prone to underreporting than surgical abortion, especially with the increase of access to medication abortion outside of the healthcare system. Regulations and common practices within the healthcare system that we weren't able to quantify or cite may also drive some of the findings. Similarly, as most data is not available by country of residence, the legal status and/or gestational age limits of abortion within a country and neighboring countries may also influence the distribution of gestational age. Finally, the findings from these countries may not be generalizable to countries without official statistics, low income countries, or countries with restrictive abortion laws and indicate a need for additional research. In particular, findings from low income countries with liberal abortion laws could shed light on service provision and barriers to care in those settings.

Options for terminating pregnancies are important as studies have found that when given the choice, many women have strong preferences for one method of abortion over the other.[20–23] Reasons for selecting medication abortion include fear of clinical procedures or anesthesia, and the perception that it is “more natural” and similar to a miscarriage.[20] On the other hand, women select surgical procedures because they are “faster and easier.”[21] However the percent distribution of abortion methods in a country does not necessarily indicate a woman's ability to choose a method. Health system factors such as method availability, provider preference, waiting periods and/or gestational age limits, can all influence the method a woman chooses.

Examining the distribution of abortions by method of abortion and gestational age at time of termination is one step in understanding the factors that drive these distributions and this review highlights the need to understand if the observed distributions are a function of women's preferences or of barriers to care. More research is needed on the proportion of women obtaining an abortion who used the method of their choice, to shed light on whether women have the resources and options they need to

terminate their pregnancies the way they want to. Ultimately, this evidence should enable policy makers and service providers to consider measures needed to ensure women can access safe services that align with their preferences in a timely manner.

#### *Author contributions*

Both authors contributed to the conceptualization of the paper. Drawing on methodologies from earlier papers by GS and colleagues, AP conducted data collection and analysis. Both authors developed the outline of the paper, and AP wrote the first draft. Both authors reviewed and substantively edited subsequent drafts.

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#### *Competing interests*

The authors have no competing interests.

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**Supporting Table 1. Country data sources**

Country	Data Source	Data Source Citation
Belgium	Official statistics	La Commission National De'evaluation Des Interruptions de Grossesse. Rapport bisannuel 2010-2011. Belgium: La Commission 2012.
Canada	Official statistics	Canadian Institute for Health Information. Induced Abortions Reported in Canada in 2016. Canada: 2017.
Czech Republic	Official statistics	Ústav zdravotnických informací a statistiky ČR. Potraty podle stáří plodu, měsíce potratu, vzdělání, státního občanství. Czech Republic: 2017
Denmark	Official statistics	Heino A, Gissler M. Pohjoismaiset raskaudenkeskeytykset 2015. Finland: Suomen virallinen tilasto 2017.
Estonia	Official statistics	Official statistics obtained by questionnaire administered to county representations
Finland	Official statistics	Heino A, Gissler M. Raskaudenkeskeytykset 2017. Finland: Suomen virallinen tilasto 2018.
France	Official statistics	Vilain A, Rey S. 216 700 interruptions volontaires de grossesse en 2017. France: DREES 2018.
Germany	Official statistics	Statistisches Bundesamt. Schwangerschaftsabbrüche 2017. Germany: 2018.
Great Britain	Official statistics	
England & Wales		Department of Health & Social Care. Abortion Statistics, England and Wales: 2017. United Kingdom: National Statistics 2018.
Scotland		National Services Scotland. Termination of pregnancy, year ending December 2017. United Kingdom: National Statistics 2018.
Iceland	Official statistics	Directorate of Health. Induced abortions. Iceland: 2017.
Israel	Official statistics	CBS, Statistical Abstract of Israel. Applications to committees for termination of pregnancy by religion, marital status, age and selected characteristics 2012. Israel: 2014.
Italy	Official statistics	Ministero della Salute. Relazione del ministro della salute sulla attuazione della legge contenente norme per la tutela sociale della maternità e per l'interruzione volontaria di gravidanza. Italy: 2017.
Japan	Official statistics	Official statistics obtained by questionnaire administered to county representations
Netherlands	Official statistics	Ministerie van Volksgezondheid. Jaarrapportage 2016 van de Wet afbreking zwangerschap. Netherlands: 2018.
New Zealand	Official statistics	Stats New Zealand. Abortion Statistics: Year ended December 2017. New Zealand: New Zealand Government 2018.
Norway	Official statistics	Folkehelseinstituttet. Rapport om svangerskapsavbrot for 2017. Norway: 2018.
Portugal	Official statistics	República Portuguesa Saúde, Serviço Nacional de Saúde, Direção-Geral da Saúde. Relatório dos registo das interrupções da gravidez dados de 2016. Portugal: 2017.
Singapore	Official statistics	Ministry of Health. Breakdown of abortions based on pregnancy trimester 2003 - 2012. Singapore: 2014.
Slovakia	Official statistics	Official statistics obtained by questionnaire administered to county representations
Slovenia	Official statistics	Official statistics obtained by questionnaire administered to county representations



Spain	Official statistics	Ministerio de Sanidad, Servicios Sociales e Igualdad. Interrupción Voluntaria del Embarazo Datos definitivos correspondientes al año 2016. Spain: 2017.
Sweden	Official statistics	Socialstyrelsen. Statistik om aborter 2017. Sweden: 2018.
Switzerland	Official statistics	Bundesamt für Statistik. Statistik des Schwangerschaftsabbruchs. Switzerland: 2018.
United States of America	Survey	Jones RK, Jerman J. Time to Appointment and Delays in Accessing Care Among U.S. Abortion Patients. <i>August 2016</i>

**Supporting Table 2. Legal exceptions to gestational age-limit by country, 2017**

Country	Gestational-age limit	Gestational-age exceptions
Belgium	Through 14th week	No gestational limit specified for cases of fetal impairment
Canada	Law does not indicate gestational-age limit	n/a
Czech Republic	Through 12th week	Exception up to 24 weeks for cases of fetal impairment or rape
Denmark	Through 12th week	No gestational limit specified for cases of fetal impairment, risk to life or health including bodily or mental suffering, or young age
Estonia	Through 12th week	Exception up to 22 weeks for cases of fetal impairment, or intellectual or cognitive disability
Finland	Through 12th week	No gestational limit specified for cases of fetal impairment; Exception up to 20 weeks for those less than 17 years of age, or risk to life or health
France	Through 14th week	No gestational age limit specified for cases of fetal impairment
Germany	Through 14th week	No gestational age limit specified if risk to mental and physical health
Great Britain	Through 24th week	No gestational limit specified for cases of fetal impairment, risk to life or permanent injury to physical or mental health
Iceland	Through 12th week	No gestational age limit specified for cases of fetal impairment, rape, intellectual or cognitive disability, or risk to mental or physical health
Israel	Through 12th week	No explicit reference to exceptions in the law
Italy	Through 90 days/three months	No gestational age limit specified for cases of fetal impairment or risk to physical or psychological health
Japan	Through 12th week	Exception up to 21 weeks for risk to physical health, rape, or economic or social reasons
Netherlands	No gestational-age limit for previability abortion	n/a
New Zealand	Through 12th week	No gestational limit specified if affecting mental health or physical health; Exception up to 20 weeks for cases of fetal impairment, incest or intellectual or cognitive disability
Norway	Through 12th week	Exception up to 22 weeks for cases of fetal impairment, or risk of life or health
Portugal	Through 10th week	Exception up to 24 week limit for cases of fetal impairment
Singapore	Through 24th week	Exception after 24 weeks if risk to physical or mental health
Slovakia	Through 12th week	Exception up to six months for cases of fetal impairment, rape or incest

Slovenia	Through 12th week	No explicit reference in law to exceptions
Spain	Through 14th week	Exception up to 22 weeks limit for cases of fetal impairment (or no gestational limit depending on the circumstance)
Sweden	Through 18th week	No explicit reference in law to exceptions
Switzerland	Through 12th week	No gestational limit specified if risk to health or causing state of deep distress
United States of America	No gestational-age limit for previability abortion	n/a

Source: Center for Reproductive Rights for gestational age-limit; Global Abortion Policies Database and country's legal documents for exceptions

Supporting Table 3. Most recent year of available data
2011
Belgium
2012
Singapore
2013
Israel
2014
United States
2015
Denmark
2016
Canada, Czech Republic, Iceland*, Italy, Japan, Netherlands, Portugal, Slovenia, Spain
2017
Estonia, Finland, France, Germany, Great Britain, New Zealand, Norway, Slovakia, Sweden, Switzerland

\*Method data for Iceland is from 2015

Supporting Table 4. Percent distribution of abortions fewer than 12 weeks by gestational age and method, 2017

Country	Gestation	Method		
		<i>Surgical</i>	<i>Medical</i>	<i>Total</i>
		%		
England & Wales	< 9 weeks	17	83	100
	9-12 weeks	71	29	100
Norway	< 9 weeks	9	91	100
	9-12 weeks	32	68	100
Sweden	< 9 weeks	5	95	100
	9-12 weeks	22	78	100

Figure 1. Percent distribution of abortions by method of abortion, 2017

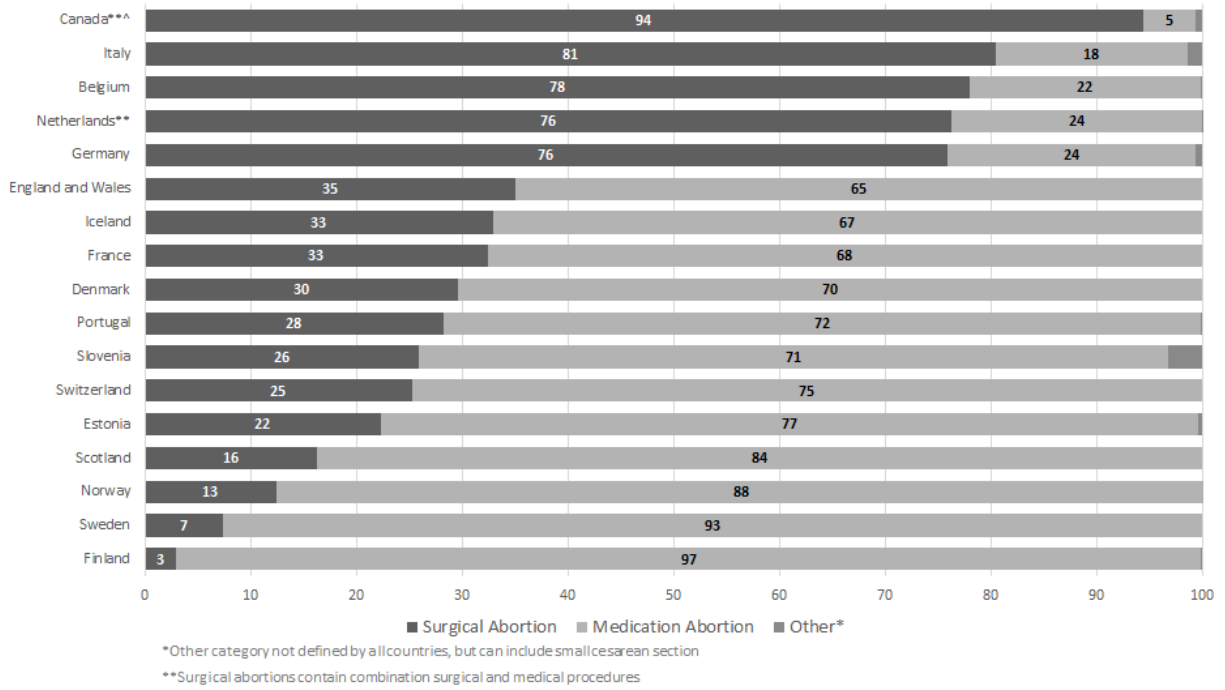


Figure 2. Proportion of medication and surgical abortions from 2007 to 2017\*

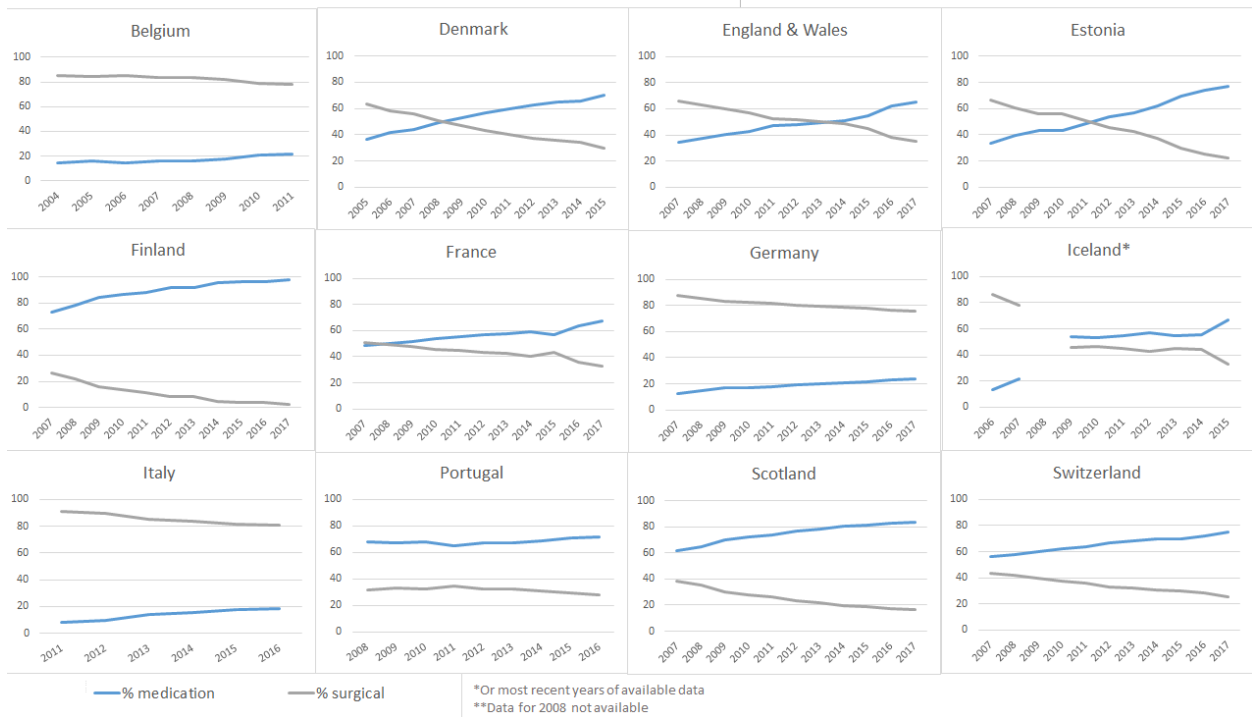
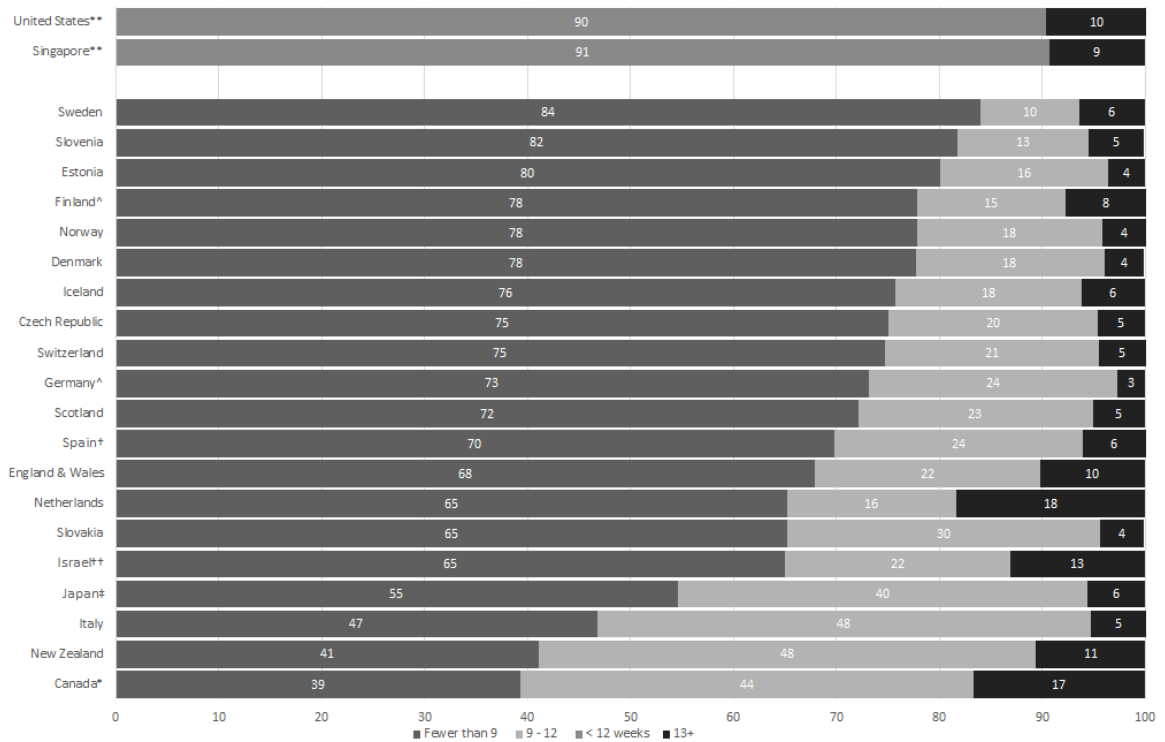
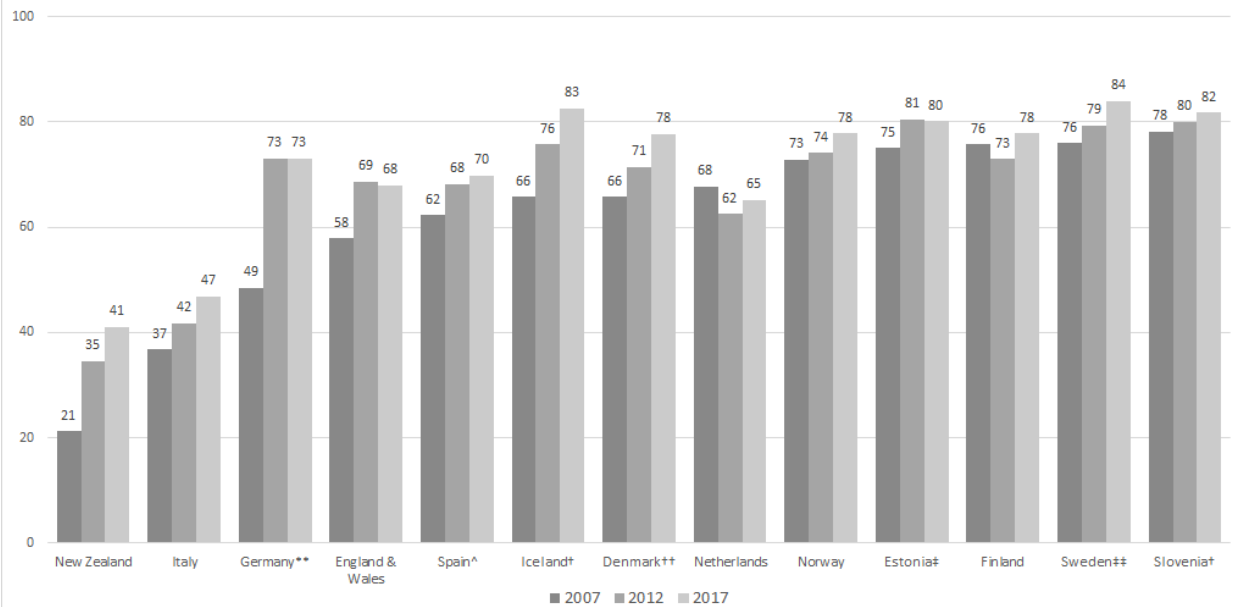


Figure 3. Percent distribution of abortions by gestational age, 2017

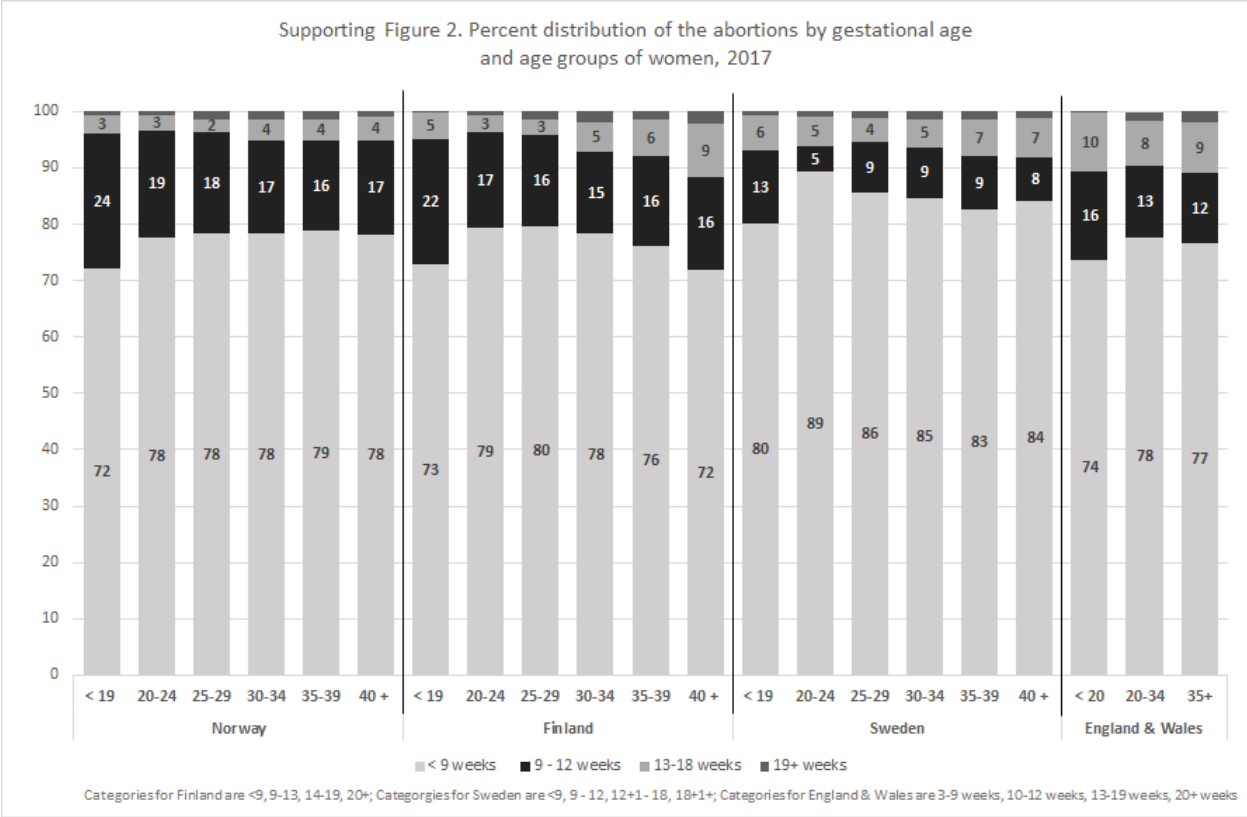


Note: There was some variation in how countries reported gestational age and the categories above reflect the most common categories. The footnotes below indicate if different categories were reported.  
 \*\*= <12, >12; ^= <9, 9-11, 12+; †= <9, 9-14, 15+; ††= <8, 8-12, 13+; ‡= <8, 8-11, 12+;  
 \*Data only from hospitals

Supporting Figure 1. Proportion of abortions < 9 weeks from 2007-2017\* (%)



\*Or most recent years of available data  
 \*\*Data for 2009 instead of 2007; ^Data for 2006, 2012, 2016; †Data for 2006, 2011, 2016; ††Data for 2005, 2010, 2015; ‡Data for 2008, 2012, 2017; †††Data for 2008 instead of 2007



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